## Short Introduction of Vajra Acharya Pema Lhadren

Vajra Acharya Pema Lhadren has followed the late Ven. Lama Sonam Chokyi Gyaltsan (alias Guru Lau Yui Che) in practicing Vajrayana Buddhism for more than 20 years, and Guru Lau had personally conferred upon her the Authority of the Vajra Acharya with Empowerment. Meanwhile, back in 1981 and 1984, she had received empowerments and teachings from the late His Holiness Dudjom Rinpoche (Jigdral Yeshe Dorje), the then Supreme Head of the Nyingma School of Tibetan Buddhism, and was thus given the Dharma name of "Pema Lhadren". His Holiness Chadral Sangye Dorje Rinpoche, the most respected and world-renowned Dzogchen Master and Elder of the Nyingma School of Tibetan Buddhism, is the present Root Guru of Vajra Acharya Pema Lhadren, and His Holiness Chadral Rinpoche has most kindly bestowed upon her the Dharma robes.

Vajra Acharya Pema Lhadren is also the co-founder of the Dudjom Buddhist Association (International), and she has been committing and dedicating all her efforts to the spreading of the Holy Dharma for the benefits of all our motherly sentient beings. Vajra Acharya Pema Lhadren adopts a very unique and concise approach, which is in-depth and yet easy to understand, in her way of explaining Buddhism to both Dharma practitioners and laymen alike. Through this unique approach of exposition, Vajra Acharya Pema Lhadren would use various accounts of personal experiences, as well as explanations from science,

different kinds of human behaviours, classic stories and quotations from the Buddhist sutras, in her structural analysis and logical deduction which is in-depth, right to the core of things, and covering different perspectives at different levels. She translates the hard-tounderstand Buddhist teachings into laymen concepts of everyday life experiences, such that her unique and concise approach of explanations can be easily understood and remembered. Even for those who have some basic knowledge of Buddhism will be inspired by her insightful approach with a deeper level of understanding on Buddhism.



The Bestowal of Dharma Robe to Pema Lhadren by H.H. Chadral Rinpoche (2003)

## Short Introduction of the Dudjom Buddhist Association (International)

Dudjom Buddhist Association (International) is a non-profit making, charitable, religious organization which aims mainly to spread the Buddhist teachings of the Nyingma School of Tibetan Buddhism. Our Root Guru and Spiritual Leader is His Holiness Chadral Sangye Dorje Rinpoche. The Instructor-in-Charge of the Association, Vajra Master Yeshe Thaye, is the Dharma Heir of the late Ven. Lama Sonam Chokyi Gyaltsan (alias Guru Lau Yui Che), the Spiritual Representative of His Holiness Dudjom Rinpoche in the Far East.

In following the footsteps of His Holiness Chadral Rinpoche and his style of teaching the Holy Dharma, the Association is well known for its stringency in its admission of members and disciples, as well as on how well they perform their daily activities. The ways and orders of teaching the Holy Dharma are very systematic, in a step-by-step approach, and also use the most effective and direct methods for the "mind training" of its members, which include "meditation", "mental concentration", "teachings on the liberation from samsara", with particular attention on "Dharma practices for one's freedom at the moment of death". Both the theory of Mahayana Buddhism and the practice of Vajrayana Buddhism are valued and well-integrated in order that members can practice these two together side by side, and thus enable them to mingle the Buddhist teachings into their daily lives: to rid oneself of the evil deeds and to acquire the "good qualities" of a Dharma practitioner. Hence, when the time comes when one will be passing away, with one's own long-term "training of the mind" (as the main cause), together with the blessings from the Lineage Gurus (as the auxiliary condition), one could then be readily liberated from this cyclic existence



The Premise of the Dudjom Buddhist Association



Yeshe Thaye & Pema Lhadren presiding at a Puja Ceremony

of reincarnations (samsara).

The magazines and journals of the Association are published bilingually in both Chinese and English, while the CDs, VCDs and DVDs are distributed in a trilingual manner of English, Cantonese and Mandarin. Your contributions, in terms of financial and other supports, for the publications of these products are most welcome, as your can thus help to spread the Holy Dharma for the benefits of all our motherly sentient beings.

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